

Inter-Tribal Council of California Inc.
The Mending Basket Resource Center
is Offering a 12 Week

Suicide Prevention Group

988

SUICIDE
& CRISIS
LIFELINE

NEED HELP? KNOW
SOMEONE WHO DOES?

CONTACT THE 988 SUICIDE
AND CRISIS LIFELINE IF
YOU ARE EXPERIENCING
MENTAL HEALTH-RELATED
DISTRESS OR ARE
WORRIED ABOUT A LOVED
ONE WHO MAY NEED
CRISIS SUPPORT.

CALL OR TEXT 988
CHAT AT 988LIFELINE.ORG
CONNECT WITH A TRAINED
CRISIS COUNSELOR. 988 IS
CONFIDENTIAL, FREE, AND
AVAILABLE 24/7/365.

VISIT THE 988 SUICIDE
AND CRISIS LIFELINE FOR
MORE INFORMATION AT
988LIFELINE.ORG.

FRIDAYS

AT 3:00 PM

IN PERSON AND ON
ZOOM

Zoom Information:

Meeting ID: 849 9910 6004

Password: 371087

Zoom Link:

[https://us06web.zoom.us/j/84999106004?
pwd=VXNlYmdXOVV4N0lYWHrajlnWVJrZz09](https://us06web.zoom.us/j/84999106004?pwd=VXNlYmdXOVV4N0lYWHrajlnWVJrZz09)

1712 D. South Main Street
Willits, CA 95490

(707)459-2015

trinaf@itccinc.org




Native American Fatherhood
& Families Association